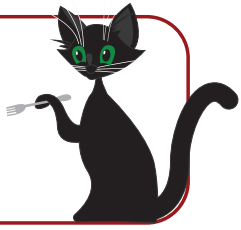
MY MEAL PLAN

BREAKFAST

LUNCH

DINNER

SNACKS



GROCERY LIST